



## Use of Read Cricket Club for Cricket Coaching

**The following rules MUST be adhered to. They will protect you and the club.**

**No member, player, coach, official, volunteer, spectator or person attending Read Cricket club should leave their house if they or any member of the household are showing symptoms of Covid-19.**

**No member self-isolating should attend the club**

- All members should follow public health rules on hygiene and wash hands for at least 20 seconds on a regular basis. Please avoid touching face, mouth, eyes and nose.
- Toilet access is available, but we wish to minimise the use of these due to having to clean them after every use, could all those attending the session should use their toilets at home before attending.
- Participants should arrive at the ground in the appropriate kit for exercise and bring their own equipment and water bottle. Hand sanitiser will be provided and should be used on entry and exit of the session.
- A one-way system in place for entry and exit to the sessions. Arrows will be visible on the floor and map attached. The large gate to the club will be closed and all cars encouraged to park on the big car park to prevent a bottle neck.
- Training will be in groups of a MAXIMUM of thirty including player coach(s)/supervisor(s)/official(s.). Social distancing **must be observed** with members from outside your household (including throughout warm-ups).
- Personal hygiene measures should be carried out at home before and after cricket activity.
- Participants should bring their own hand sanitiser where possible and maintain strict and frequent hand hygiene measures at all times.
- Cricket activity must take place outdoors only.
- Participants should follow UK Government guidance on best practice for travel, including minimising the use of public transport and limiting car sharing
- The clubhouse, including the bar may be opened during training. Please see the guidance displayed around the clubhouse for its use. If a parent/guardian decides to use the clubhouse instead of using the assigned bench for junior training, then they will need to collect the player at the end of training or if it rains and ensure clubhouse guidance is followed.
- No training can take place without previously being booked and confirmed. Members will be required to sign to say they accept all the conditions whenever changes to the guidelines occur. Confirmations should be made via the WhatsApp group – places will be confirmed by reply message giving an arrival and finish time.
- Only participants of the training session should be on the playing field. All participants should leave the pitch immediately on completion of their session whilst maintaining social distancing. For junior players, at least one parents/guardian should stay to watch the session, we encourage you to do so but social distancing **MUST** be adhered too. To assist with this each household will be allocated a bench or area on arrival, this will be your location for the duration of the session and this is where all equipment should be stored during the session
- Participants should enter the site and prepare their personal equipment whilst maintaining social distancing.
- Where possible players should limit sharing of equipment. If they do, they must practise strict hand hygiene before and after use and the equipment must be cleaned before use by another person
- No sweat or saliva is to be applied to the ball at any time
- All participants should sanitise their hands prior to the start of the activity.
- Hand sanitiser should be used at all breaks in activity and prior to consuming any food or drinks
- Players should refrain from spitting or rinsing out their mouths

- Individuals should bring their drinks. Water bottles or other refreshment containers should not be shared outside of a household
- All participants should sanitise their hands after the completion of activity
- Any participants should report any infection of their household to the NHS Test and Trace system following use of the facility to limit the spread of the virus. Please also let someone at Read CC know.
- A 'hygiene break' should take place every 15 minutes, in which any shared equipment (I.e. a ball) is cleaned with an antimicrobial wipe and all participants' hands are cleaned using a suitable sanitiser. This routine should also be followed at the start of any drinks break. The responsibility for sanitising the ball during the match will lie with the coach or supervisor.
- Any personal equipment should be sanitised by the player when leaving the field of play. Any club equipment will be sanitised by a coach/supervisor/volunteer once training has completed
- Coaches/supervisors/volunteers should refrain from any contact with any none club equipment.
- In the event of rain, the pitch should be left. Any junior players should return to their parent/guardian if they are on a bench or the parent/guardian should collect the player if they are within the clubhouse. If clubhouse guidance for social distancing cannot be met then participants should return to their own vehicle to maintain social distancing.
- It is recommended that participants take part in solo activity, before moving to pairs activity that maintains social distancing and allows participants to operate in the same pair for the length of the session.
- For younger age groups, plastic equipment will be used and should be disinfected at the end of each session.
- Where participants cannot provide their own individual equipment, numbered cricket equipment such as balls. Each participant will have a specific numbered ball and/or cone and uses that for the entirety of the session to minimise sharing of equipment where possible.
- If bowling machines are used, (only by authorised individuals) they should be cleaned thoroughly between uses with dry cleaning products and all balls should be cleaned with disinfectant. This is the responsibility of the bowling machine operator.
- The changing room building will be open for the sole use of the toilets – this will be the accessible toilet and all other areas blocked off. First aid will be available, and should a room be required access to the changing rooms will be given.

**I accept the conditions and agree to abide by the requests of the Club Representative on Duty**